

# DIALYSIS PATIENT DISASTER SURVIVAL GUIDE

## Remember the “3 + C’s” in the Event of a Disaster

- ✓ **3 Day Emergency Diet Plan**
- ✓ **Carry KCER Emergency Contact Card**
- ✓ **Clamp and Disconnect Procedure**
- ✓ **Clinic’s Disaster Hotline Number:** \_\_\_\_\_

## DON'T FORGET TO MAKE A PLAN, GET A KIT, BE INFORMED



In case of...

**Fire** — Get out, stay out. Call 911.

**Earthquake** — Drop, Cover and Hold.

**Flood** — Do not walk or drive through moving water or into flooded areas. Seek higher ground.