



You Can Plan Dialysis and Travel!



Tips on Traveling:

1. Plan ahead! Start calling centers 2 to 3 months prior to the planned trip. For more popular destinations like Hawaii and Florida, you will want to call as far in advance as possible.
2. Be flexible! Most centers are fairly full. You may have to be flexible with your days and times or even have to travel to a nearby city if the local center is full.
3. Tips on finding a dialysis center:
 - Your dialysis center can give you websites, lists of centers, or phone numbers of dialysis travel services.
 - If you are visiting family, ask them to find the closest center for you. Have them call the center to see if they are taking visitors on the dates you requested.

When you or your family calls the dialysis center, have this information ready:

- Your center's phone number
 - Your center's fax number
 - Your center's contact person
 - Ask if required forms can be faxed to your dialysis center.
4. Verify insurance (check the rules of your insurance & find out if your insurance):
 - Pays for dialysis outside of your area.
 - Requires you to get authorization in advance.
 - Provides full coverage only if you go to certain "in network" centers.
 5. Check requirements (find out if the center requires you to):
 - See one of their local doctors before you dialyze at their center.
 - Put down a deposit.
 - Bring any medications with you.
 - Pay a separate doctor's fee.
 6. Inform your center.
 - Give your travel dates to coordinate your treatments.
 - Give consent to send your medical records.
 - Give the name and address where you will be visiting.
 - Ask if you need to have tests done for out-of-town dialysis, results could take up to 5 business days.
 7. Inform transplant center (if you are on the transplant list, you want to keep them informed.)
 8. Get confirmation (call at least **2 weeks** before arrival to confirm arrangements.)



Traveling as a PD Patient: Peritoneal Dialysis (PD) allows for greater flexibility when traveling—one of the greatest benefits of this self-care option. PD patients should still check with their facility about making travel arrangements and special supply deliveries.

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