

Join us for
Education, Inspiration and Support

Come meet other individuals like you who are facing the challenges of kidney disease. Hear about their experiences, learn about all of your treatment options and challenge yourself to be your own best advocate.

Keynote Patient Speaker – Bill Peckham

Bill Peckham has lived with CKD5 since 1988, treating it first with a transplant, then since 1990 with hemodialysis: initially dialyzing conventionally in-center, then after 2001 with frequent home hemodialysis, and most recently dialyzing overnight with the Nx-Stage System One. Since 1997, Bill has been a very active volunteer in the CKD advocacy community, working with provider, industry and patient organizations. Bill is dedicated to the support of his dialysis provider, the community-based, not-for-profit Northwest Kidney Centers, volunteering as a trustee for many years. Bill helped to establish and continues to support the Kidney Research Institute.

Portland Kidney Group

Kimberly Huston, Patricia Danielson, and Pamela Murchison are all members of the peer-mentoring Portland Kidney Group. The Portland Kidney Group offers an interactive way for patients with chronic kidney disease (CKD) to stay well-informed about their health, while feeling supported in making positive changes in their life. Formed in the fall of 2009 by patients and staff at FMC Rose Quarter Dialysis Unit, the group welcomes people with all stages of CKD, their family and friends, and health care providers. Supported by the health care team, Portland Kidney Group includes a Peer Mentoring Program and three different support groups to help achieve their goals: Patient Support Group, Family Support Group and "Weigh to Goal for Transplant" Support Group.

Special thanks to the Northwest Renal Network (ESRD Network 16) for its support of this event. Network involvement does not imply any endorsement by the Network or the Centers for Medicare and Medicaid Services (CMS).



465 NE 181st Street
Suite #257
Portland, OR 97230

The 2010 NKF PATIENT & COMMUNITY EDUCATION SYMPOSIUM



Lessons in Living
with Kidney Disease:
**HOPE, CHALLENGE
& ADVENTURE**



**SUNDAY,
March 14th**

Lorenzen Conference Center
Legacy Emanuel Hospital



Tel: 888.427.5653

Conference Agenda

9:45am–10:45am

Registration, Brunch, Social and Exhibits

10:45am–11:00am

Welcome and Introductions

Patty McCormac, RN, National Kidney Foundation

11:00am–11:45am

Keynote Address

Lessons in Living with Kidney Disease

— **Hope, Challenge and Adventure**

Bill Peckam

11:45am–12:30pm

YOU are On the Transplant Team

— **Working Together Toward a Transplant**

William M. Bennett, MD

12:30pm–12:50pm

Break (exhibits open)

12:50pm–1:20pm

Peers Empower Through Education & Support
— **The Portland Kidney Group**

- Weight Loss on the Way to Transplant
- Peer Mentor Program
- Patient and Care Partner Support Groups

Patricia Danielson, Kimberly Huston, Steven Kelley, Pamela Murchison

1:20pm–1:40pm

Top Ten Things NOT to Do at Dialysis

Freddie Walker, Performer and Dialysis Patient

1:40pm–2:00pm

Voicing Concerns—Self-Advocacy

Sharon Badger, RN, Northwest Renal Network 16

2:00pm–2:20pm

Break

2:20pm–3:50pm

Panel Discussion:

Treatment Choices for Kidney Failure —

In-Center Hemodialysis, Home Hemodialysis, Peritoneal Dialysis, Nocturnal Hemodialysis, Transplant

3:50pm–4:00pm

Door Prizes, Evaluation and Closing Remarks

Registration Information

The meeting is FREE for people with kidney disease, their care partners and family members. Space is limited so pre-registration is strongly recommended. We will provide a brunch at the start of the program and snack breaks later in the day. There will be kidney-friendly food!

There are three ways you can register:

1. Fill out the form in this brochure and fax it to 415.543.3331, Attention: Scott Howard.
2. Call 888.427.5653, ext. 116.
3. Go online and register at:
<http://tinyurl.com/NKRegistration>

Seating is limited so register today!

REGISTRATION DEADLINE

March 5th, 2010

LOCATION INFORMATION

The Symposium will be held at the Lorenzen Conference Center, located on the Legacy Hospital campus. The street address is: 2801 N. Gantenbein Ave., Portland, OR 97227. Lorenzen Conference Center is located in open area behind Main Hospital Building.

DIRECTIONS TO LORENZEN CONFERENCE CENTER



Registration Form

Please return this form by FRIDAY, MARCH 5, 2010.

GENERAL INFORMATION:

Company (if applicable)

Name

Address

City

State

Zip

Best Contact Phone Number

E-mail (please print clearly)

PLEASE CHECK ALL BOXES THAT APPLY:

- Dialysis Patient (Type: _____)
- Kidney Transplant Recipient
- Family/Friend of Patient
- Health Professional (Profession: _____)
- Other _____
- VEGETARIAN MEAL PLEASE**

If you have any questions please contact Scott Howard at 888.427.5653, ext. 116, or e-mail scott.howard@kidney.org.

YOU MAY MAIL REGISTRATION FORM TO:

NKF Serving Oregon & Washington
Attn: Scott H.
131 Steuart, Ste. 520,
San Francisco, CA 94127

OR FAX: 415.543.3331